

# EGYPT

## Creating in the New Reality



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**08 March 2015 – 19 March 2015**

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**11 Days – 10 Nights: Cairo, Luxor and Aswan  
via Dahabiya Cruise boat and Domestic Flights**

### **Day 1: Cairo**

*09 March 2015, Monday*

Arrive at Cairo Airport where our representative will meet and assist you through customs and then you claim your baggage. You will be transferred to your selected hotel for a free evening, overnight at your Hotel. Heartlights group will meet for dinner and opening meditation.

*Accommodation: Menahouse Hotel (Pyramids View rooms) Meals: (No meals included)*

### **Day 2: Cairo – Saqqara Tour:**

*10 March 2015, Tuesday*

After breakfast our tour of Egypt begins this morning with a welcome meeting and introduction about your tour, and then we head to the huge ancient necropolis found at Saqqara the throat chakra of Egyptian Temples. Built in the third dynasty and designed by renowned architect Imhotep, Saqqara is famous for its dramatic stepped Pyramid - the oldest pyramid in Egypt. A Heartlights ceremony usually occurs spontaneously as guided at this important site. After providing you the chance to explore on your own, we will have lunch at local restaurant serving an Egyptian food, Then it's on to visit Abu Ghourab known as the Temple of the Sun!, This site is not opened for tourists or general public but we will arrange a private entry. This site is a magical and a place where chills of knowing as we recode and create may be common. We then continue to visit the famous handmade carpet schools in Saqqara and finally head back to your hotel for a free evening on your own and overnight at hotel.

*Accommodation: Menahouse Hotel (Pyramids View rooms) Meals: (Breakfast - Lunch included)*

### **Day 3: Cairo – Egyptian Museum - Islamic Cairo tour**

*11 March 2015, Wednesday*

Today we will start with a visit to the incredible Egyptian Museum - home to countless ancient artifacts including the famous Tutankhamun exhibit as well as Akhenaten artifacts. After enjoying your free time immersing yourself in the powerful energies of these ancient displays as guided, we will visit the Islamic areas of Cairo including Sultan Hassan mosque and Al Refaee Mosque. Lunching at local restaurant, we continue to the perfumery factory to have an test and experience the famous essences of Egypt.

*Accommodation: Menahouse Hotel (Pyramids View rooms) Meals: (Breakfast and Lunch included)*

### **Day 4: Cairo – Domestic Flight to Luxor – East Bank Tour**

*12 March 2015, Thursday*

This morning we will transfer to the Cairo international airport to board your domestic flight to Luxor. Arriving in Luxor, we will check in at your hotel and enjoy an afternoon visit to the East bank of Luxor experiencing the impressive Temple of Karnak including Sekhmet's Temple (if the visit is available and opened for tourists) as well as free time on your own to experience the largest and grandest temple in all of Egypt. In the evening will visit the beautifully lit Luxor temple by night, a most incredible and exciting experience. Lots of orbs always show up here. Take lots of photos. Then we return to your hotel and overnight.



*Accommodation: Steigenberger Nile Palace hotel (Nile View Rooms) Meals: (Breakfast included)*

### **Day 5: Luxor – Dendera Temple**

*13 March 2015, Friday*

This morning we will drive to visit Dendera the temple dedicated to the Goddess Hathor. The drive through the Egyptian countryside will be a lovely experience to get the flavor of the daily lives of the Egyptian people. The Temple itself will sing to your heart. There is a most amazing room with an ancient zodiac on the ceiling - the perfect place for reflection and creation. This is followed by a leisurely Lunch Box during the tour then a return to Luxor for free time and overnight at your hotel in Luxor.

*Accommodation: Steigenberger Nile Palace hotel (Nile View Rooms) Meals: (Breakfast and Lunch included)*

### **Day 6: Luxor – West Bank – Alabaster factory - Esna - Dahabiya Nile Cruise**

*14 March 2015, Saturday*

This is an exciting day. Our Heartlights group will check out of our hotel and later in the afternoon board our private Dayabiya for our exclusive Nile cruise. First we will visit the alabaster factory at the west bank side of the River as well as the powerful Temple of Habu. One of my favorites; returning back to

Luxor, we will drive to Esna to board our Dahabiya which is going to be our home for the Next 4 nights, free day to relax and enjoy the facilities of the Dahabiya, overnight on board docking in Esna.

*Accommodation: Rihana Dahabiya or Similar Meals: (Breakfast, lunch and dinner included)*

### **Day 7: Dahabiya Sailing to Edfu Temple**

*15 March 2015, Sunday*

A relaxing day on board today as we set sailing along the Nile, making stops to enjoy the intricate temples found at Edfu dedicated to the God Horus, Hathor's mate and the divine son of Isis and Osiris (sound familiar?) We will begin the day with a horse and carriage ride to Edfu which is widely regarded as one of the best preserved in the whole of Egypt. Later we will continue sailing to Kom Ombo stopping on the Nile banks with another extraordinary visit to the dedicated to the Light (Horus) and Dark (Sobek) where we will do a ceremony of integration. This is a very powerful place. Time here to create an end to the duality and a new birth of integration honoring the value of both the light and the dark. Overnight on board.

*Accommodation: Rihana Dahabiya or Similar Meals: (Breakfast, lunch and dinner included)*

### **Day 8: Dahabiya sailing to Aswan**

*16 March 2015, Monday*

Today we will have another relaxing day just sailing the Nile to Aswan, enjoying the facilities on board. This may be your favorite day as we share hearts and watch the banks of the Nile float by us revealing the magic that is Egypt...the green banks, sandy hills and the usually bright blue clear sky floating by us. Lots of cellular integration happens as we sail the Nile. It is an unforgettable experience you will return to often in your dreams.

*Accommodation: Rihana Dahabiya or Similar. Meals: (Breakfast, lunch and dinner included)*

### **Day 9: Aswan – Elephantine Island - Felucca Ride and Nubian Village - Flight to Cairo**

*17 March 2015, Tuesday*

Today we will have an Excursion on a traditional felucca around the islands in Aswan - including a visit to the Temple of Isis, the divine mother. Other possibilities include a visit to Elephantine Island, followed by a visit to the Nubian village to meet the locals and perhaps be welcomed into a Nubian home for tea. Returning to Aswan later this evening we will transfer to Aswan airport to board your flight back to Cairo, arrive Cairo and transfer to your hotel, free evening and overnight.

*Accommodation: Menahouse Hotel (Pyramids View Rooms) Meals: (Breakfast and Lunch included)*

### **Day 10: Cairo – Pyramids & Sphinx Tour**

*18 March 2015, Wednesday*

Our final day has arrived but it will be a powerful one. After breakfast we will take a short walk up to the Giza Plateau, home of the famous Sphinx and Great Pyramids of Egypt. This will be breathtaking and powerful as we view the Sphinx and the world famous Pyramids where we will enjoy another amazing tour with Amro unfolding some of the ancient mysteries and history and giving you the chance to

explore on your own. Then it's onto our private two-hour visit inside the Great Pyramid where we will decide as a group how to experience this one-in-a-life-time opportunity. Prepare to be amazed and changed as we activate the New Realities we have been creating in our hearts and as a group into the most powerful and famous vortex on our planet. I have seen miracles occur and at the very least, lives seem to take on new meaning. Each person will have their own experience. Then it's on to have Lunch at local restaurant and a short stop at the Papyrus factory to learn more about how the papyrus was made in ancient times. Perhaps we will choose a camel ride on the Plateau and visit the Solar Cross. The day is our own to create. A final good-bye dinner (not included) will be the time to say farewell. Always a bit sad but so happy as new friends and magic continue to unfold for us all.



*Accommodation: Menahouse Hotel (Pyramids View Rooms) Meals: (Breakfast and Lunch included)*

### **Day 11: Cairo – Final departure**

*19 March 2015, Thursday*

Transfer to the Cairo Airport for your departure flight.

*Accommodation: Home Sweet Home Meals: (Breakfast included)*

Item	8 Pax++
Per Person in DBL / Twin Share	4444 US\$
Per Person in SGL Room	885 US\$

#### **Tour price includes:**

- 05 Nights accommodation in Cairo at Menahouse Hotel (Pyramids View Rooms)
- 02 Night accommodation in Luxor at Steigenberger Nile palace Hotel (Nile View Rooms)
- 03 Nights accommodation on board Rihana Dahabiya Cruise boat or Similar.
- **Domestic airfare from Cairo to Luxor and from Aswan back to Cairo.**
- Service to meet and assist at Cairo international airport, 24/7 service.
- All transfers as per the above mentioned itinerary.
- All entrance fees for the above mentioned sightseeing.
- Meals as mentioned above (B) Breakfast - (L) Lunch and (D) Dinner.
- Professional fluent English speaking Egyptology tour guide during sightseeing.
- Unlimited daily supply of mineral water during sightseeing.

#### **Tour price excludes:**

- Visa entry to Egypt = 25 US\$ Per Passport.
- Tipping Kitty = 250 US\$ Per Person Excluding your Egyptology tour guide.
- Any personal expenses such as drinks, laundry, internet, telephone calls ETC...
- International airfares.

- Any optional trips or unmentioned items above.

**Hotels and cruise boat:**

City	5 Stars Deluxe
Cairo	Menahouse Hotel (Pyramids view Rooms)
Dahabeya Cruise Boat	Rihana Dahabiya
Luxor	Steignberger Nile palace Hotel (Nile View Rooms)